

EDNAN S. SHEIKH, M.D.

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PROFESSIONAL SUMMARY

Board-certified Anesthesiologist and Interventional Pain Management Specialist with over 15 years of clinical excellence and executive leadership. Currently serving as Director of Pain Services at Hudson Regional Hospital and Founder/CEO of NJ Pain & Spine. Proven track record in establishing multi-site clinical operations and leading interventional pain programs. Combines a rigorous technical background in Chemical Engineering with advanced medical training from Jefferson Medical College and the Tri-Institute Pain Fellowship.

BOARD CERTIFICATIONS & LICENSURE

- **Board Certified in Anesthesiology** – American Board of Anesthesiology (04/2010)
- **Board Certified in Pain Management** – American Board of Anesthesiology (08/2012)
- **Medical Licenses:** Active in New Jersey (25MA08796800), New York (252899), and California (133620)
- **Certifications:** ATLS and BLS Certified (Current)

PROFESSIONAL EXPERIENCE

Hudson Regional Hospital | Secaucus, NJ *Director of Pain Services* | 2018–Present

- Direct clinical operations and strategy for the Pain Services department at a major regional hospital.
- Perform advanced interventional pain procedures and manage complex chronic pain cases.
- Collaborate with hospital administration to enhance patient outcomes and departmental efficiency.

NJ Pain & Spine | Clifton, Edison, & Jersey City, NJ *Founder / CEO* | 2011–Present

- Established and scaled a premier multi-location private practice specializing in comprehensive spine care.
- Oversee all business operations, clinical protocols, and multidisciplinary staff management.
- Provide expert care in minimally invasive spinal procedures and regenerative medicine.

Jersey City Medical Center | Jersey City, NJ *Director of Pain Services* | 2013–2017

- Led the pain management division, coordinating interdisciplinary care between surgical and medical teams.
- Maintained high standards of clinical excellence and expanded the hospital's pain service offerings.

POST-GRADUATE TRAINING

Tri-Institute Pain Fellowship | New York, NY *Interventional Pain Management Fellow* | 2009–2010

- Completed intensive specialty training at **New York Presbyterian/Weill Cornell, Hospital for Special Surgery**, and **Memorial Sloan-Kettering Cancer Center**.

Thomas Jefferson University Hospital | Philadelphia, PA *Anesthesiology Residency* | 2006–2009

New York Presbyterian/Weill Cornell | New York, NY *General Surgery Intern* | 2005–2006

EDUCATION

Jefferson Medical College | Philadelphia, PA *Doctor of Medicine (M.D.)* | June 2005

- **Honors:** High Honors in Anesthesiology, Orthopedic Surgery, and Psychiatry (2003).

Lehigh University | Bethlehem, PA *B.S. in Chemical Engineering (High Honors)* | June 1998

- **Honors:** Tau Beta Pi (Engineering Honor Society), Omicron Delta Kappa (Leadership), Dean's List (1994–1998), Scholar-Athlete Academic Achievement Award, and All-American Scholar.

RESEARCH & PUBLICATIONS

- **Sheikh E**, Maguire D, Gratch D. *Autotriggering During Pressure Support Ventilation Due to Cardiogenic Oscillations*. **Anesthesia & Analgesia**. 2009; 109:470-472.
- Parvizi J, Tarity TD, **Sheikh E**, et al. *Bilateral Total Hip Arthroplasty: One Stage versus Two-stage Procedures*. **Clinical Orthopaedics**. 453: 137-141, 2006.
- **Featured Guest Expert:** *The Dr. Oz Show* (Fox 5 TV) – Discussing benefits of Avocado Soybean Unsaponifiables on Joint Pain (February 2013).

PREVIOUS PROFESSIONAL EXPERIENCE

- **Project Manager** – Berwanger, Inc. (Oil, Gas & Petrochemical Consulting) | 2000–2001
- **Lead Chemical Engineer** – Union Carbide Corporation | 1998–2000

MEMBERSHIPS & ACTIVITIES

- American Society of Interventional Pain Physicians (ASIPP)
- American Association of Anesthesiologists (ASA)
- **Division I Varsity Athlete:** Lehigh University Wrestling Team (1997–1998)
- **Wrestling Honors:** State Champion (PA) and All-American National Tournament (The Hill School)